

Simple Aadi Month Pooja at Home – Worship Guide

1. What You Need

- Turmeric, kumkum, neem leaves, flowers
- Ghee lamp, kalasam, banana leaf

2. Steps

- Clean the home
- Place kalasam with turmeric water
- Light diya and offer prasadam
- Recite simple slokas or Abhirami Andhadhi
- Pray to Kula Deivam first
- Then invite Ambal into the home

3. Timings

- Morning: 5–6 AM or 8–10:30 AM
- Afternoon: 12–1:20 PM (for leaf offering)
- Evening: After 7 PM (especially on Ashtami)

4. Closing

- Offer turmeric + salt to Goddess
- End with “Amman thunai” chant or silent gratitude