



30-Days Daily Gita Quote Calendar

Life Lessons from Bhagavad Gita

Each day, reflect on timeless wisdom from the **Bhagavad Gita** to inspire your thoughts, actions, and mindset. Let these Gita quotes with meanings guide you toward clarity and inner peace.

Day 1

Shlok

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ॥ (2.47)

Meaning

You have the right to perform your duties, but not to the results. Don't be attached to the outcomes or avoid action.

Reflection

Focus on doing your part sincerely — leave the results to the Divine.



Day 2

Shlok

न जायते म्रियते वा कदाचित्... (2.20)

Meaning

The soul is never born and never dies; it is eternal and indestructible.

Reflection

You are more than your body — your spirit is eternal.

Day 3

Shlok

यदा यदा हि धर्मस्य ग्लानिर्भवति भारत... (4.7)

Meaning

Whenever righteousness declines and unrighteousness rises, I manifest Myself.

Reflection

Divine support appears when needed — have faith.



Day 4

Shlok

सर्वधर्मान्परित्यज्य मामेकं शरणं ब्रज... (18.66)

Meaning

Surrender unto Me alone, and I shall liberate you from all sins. Do not grieve.

Reflection

True surrender leads to ultimate peace.

Day 5

Shlok

योगस्थः कुरु कर्माणि सङ्गं त्यक्त्वा धनञ्जय... (2.48)

Meaning

Perform your duties with balance, without attachment to success or failure. That balance is yoga.



Reflection

Stay balanced — not swayed by wins or losses.

Day 6

Shlok

योगिनामपि सर्वेषां मद्गतेनान्तरात्मना... (6.27)

Meaning

Among all yogis, the one with devotion who meditates on Me is the best.

Reflection

True devotion brings the deepest peace.

Day 7

Shlok

यतो यतो निश्चरति मनश्चञ्चलमस्थिरम्... (6.26)



Meaning

Wherever the restless mind wanders, bring it back under control through practice.

Reflection

Discipline the mind with gentle consistency.

Day 8

Shlok

अहं त्वां सर्वपापेभ्यो मोक्षयिष्यामि मा शुचः ॥ (18.66)

Meaning

I will liberate you from all sins; do not fear.

Reflection

Let go of your burdens — divine grace will guide you.

Day 9

Shlok

समदुःखसुखं धीरं सोऽमृतत्वाय कल्पते ॥ (2.15)

Meaning

One who remains calm in joy and sorrow becomes eligible for immortality.

Reflection

Equanimity is the path to inner strength.

Day 10

Shlok

योगः कर्मसु कौशलम् ॥ *(2.50)*

Meaning

Yoga is excellence in action.



Reflection

Do every task with mindfulness and care.

Day 11

Shlok:

इन्द्रियाणि पराण्याहुरिन्द्रियेषु परं मनः... (3.42)

Meaning

Senses are higher than the body, the mind is higher than the senses, and the intellect is higher than the mind.

Reflection

Use your intellect to guide emotions and choices.

Day 12

Shlok

द्वन्द्वातीतः सुखदुःखेषु समः... (6.7)

**Meaning:**

One who is balanced in dualities like joy and sorrow is spiritually fulfilled.

Reflection:

Practice being undisturbed by outer events.

Day 13**Shlok**

न हि ज्ञानेन सदृशं पवित्रमिह विद्यते ॥ (4.38)

Meaning

There is nothing as purifying as knowledge.

Reflection

Keep learning — it transforms the soul.



Day 14

Shlok

यज्ञार्थात्कर्मणोऽन्यत्र लोकोऽयं कर्मबन्धनः ॥ (3.9)

Meaning

Actions done for selfish reasons bind; actions offered as sacrifice free you.

Reflection

Do your work as an offering, not for reward.

Day 15

Shlok

क्लैब्यं मा स्म गमः पार्थ नैतत्त्वय्युपपद्यते ॥ (2.3)

Meaning:

Do not yield to weakness. It does not suit you.

Reflection:

Face challenges with strength and dignity.



Day 16

Shlok

शान्तिमाप्नोति नैष्ठिकीं योगी... (6.15)

Meaning

The yogi who controls the mind and engages in meditation finds lasting peace.

Reflection

Peace is a result of mental discipline.

Day 17

Shlok

तस्मादसक्तः सततं कार्यं कर्म समाचर... (3.19)

Meaning

Always do your duty without attachment; this leads to liberation.

Reflection:

Duty without attachment is true freedom.



Day 18

Shlok

ध्यानयोगेन चित्तस्य पदं द्रष्टुमिह यतते ॥ (6.10)

Meaning

By meditation, the yogi strives to attain inner realization.

Reflection

Today, create space for inner silence.

Day 19

Shlok

सुखदुःखे समे कृत्वा लाभालाभौ जयाजयौ... (2.38)

Meaning

Face success and failure, gain and loss, with equal vision.



Reflection

Let your mood not depend on outcomes.

Day 20

Shlok

अहिंसा सत्यमक्रोधस्त्यागः... (16.2)

Meaning

Non-violence, truthfulness, absence of anger, and renunciation are divine qualities.

Reflection

Reflect on these traits and practice one today.

Day 21

Shlok

सत्त्वानुरूपा सर्वस्य श्रद्धा भवति भारत ॥ (17.3)

Meaning

Each person's faith corresponds with their inner nature.



Reflection

Honor your unique spiritual path.

Day 22

Shlok

न हि कश्चित्क्षणमपि जातु तिष्ठत्यकर्मकृत् ॥ (3.5)

Meaning

No one can remain without action even for a moment.

Reflection

Use your energy for meaningful action today.

Day 23

Shlok

श्रद्धावाँल्लभते ज्ञानं... (4.39)

**Meaning:**

One with faith gains knowledge, and through that, attains peace.

Reflection:

Let faith be the foundation of your learning.

Day 24

Shlok

इन्द्रियाणि पराण्याहुः... (3.42)

Meaning

The mind is superior to the senses, but the intellect is higher still.

Reflection

Guide emotions with higher awareness.



Day 25

Shlok

कथं भीष्ममहं सङ्ख्ये द्रोणं च मधुसूदन... (1.28)

Meaning

How can I fight my revered elders in battle?

Reflection

Even the wise feel doubt — clarity comes through inner inquiry.

Day 26

Shlok

निर्द्वन्द्वं समत्वं योग उच्यते... (2.48)

Meaning

Equanimity in gain and loss is Yoga.

Reflection

Remain stable in heart through life's tides.



Day 27

Shlok

श्रेयान्स्वधर्मो विगुणः परधर्मात्स्वनुष्ठितात् ॥ (3.35)

Meaning

Better to follow your own path imperfectly than another's perfectly.

Reflection

Be true to your unique calling.

Day 28

Shlok

न मे पार्थास्ति कर्तव्यं... (3.22)

Meaning:

Though I have no obligation, I still act — to inspire others.

**Reflection:**

Lead by example.

Day 29**Shlok**

अहं आत्मा गुडाकेश सर्वभूताशयस्थितः ॥ (10.20)

Meaning

I am the Self, residing in the hearts of all beings.

Reflection

See yourself in others — and others in yourself.

Day 30**Shlok**

विमृश्यैतदशेषेण यथेच्छसि तथा कुरु ॥ (18.63)



Meaning

Ponder deeply on this wisdom, then act as you choose.

Reflection

You are free to choose. Let your choice be wise.
