

These 10 DIY face masks are made with simple ingredients and natural ingredients, perfect for your own skincare routine.

### 1. Honey & Turmeric Glowing Mask

**For:** Brightening and acne Removal

## Ingredients:

- Honey 1 tbsp
- Use a half tsp of turmeric powder
   Instructions: Mix the turmeric and Honey. Apply it for 10 to 15 minutes. Rinse Off.
   Tip Use a dark towel to wipe off turmeric.

## 2. Oatmeal & Yogurt Skin Soothing Mask

For: Sensitive or irritated skin

#### Ingredients:

- 2 tbsp of ground oats
- 1 tbsp plain Yogurt
- Mix 1 tsp of honey
   Instructions for use: Mix and apply it for 15-20 minutes. Rinse off with lukewarm

# 3. Avocado & Olive Oil Moisturizing Mask

For: Dry skin Ingredients:

- 1/2 ripe avocado
- olive oil: 1 tbsp

Instructions

Mix mashed avocado and Olive Oil. Apply for 15 mins. Rinse thoroughly.

### 4. Banana & Honey Hydration Mask

For: Dull or dehydrated skin

**Ingredients:** 

• Ripe Bananas & Honey

Instructions: Mix honey with banana and apply for 15 minutes. Rinse off.



## 5. Egg White and Lemon Pore Tightening Mask

For: Large pores and oily skin

Ingredients

• Egg white-1

• Few drops of Lemon Juice

**Instructions**: Mix together, apply thin layer, allow to dry and rinse.

### 6. Aloe Vera & Cucumber Cooling Mask

For: Sunburn or inflamed skin

Ingredients:

• 2 tbsp aloe vera gel

• Cucumber – 1 tsp spoon

Instructions: Mix and apply for 15-20 minutes. Rinse gently.

## 7. Multani Mitti (Fuller's Earth) & Rose Water Clay Mask

For: Oily skin Ingredients

• 1 tbsp Multani Mitti

Use 2-3 tablespoons rose water

**Instructions**: Mix to a paste and apply for 15 mins. Rinse before it dries.

# 8. Papaya & Honey Exfoliating Mask

For: Skin brightening and exfoliation

**Ingredients:** 

- 2 tbsp mashed ripe papaya
- Mix 1 tsp of honey
   Instructions for use: Mix the two and apply it for 10 minutes. Rinse your skin with cool water.

## 9. Coffee & Yogurt anti-Aging mask

**Ingredients for:** Firming, antioxidant boost

- 1 tbsp of ground coffee
- 2 tsp yogurt
- Instructions: Mix thoroughly, apply for 15 mins, massage gently and rinse.



# 10. Gram Flour (Besan) & Milk Tan Removal Mask

Use: Removes tan and controls oil

Ing:

- 1 tbsp of gram flour
- 2 tsp raw milk
- A pinch of turmeric
   Instructions for use: Mix the turmeric and apply it for 15 minutes. Rinse with warm water.